Purchase and insertion of the GYNEFIX device can only be performed by physicians authorized to do so, who have undergone training and instruction by our company.

1. What is GyneFix?

GyneFix is an intrauterine device that differs from conventional intrauterine devices (IUDs); it is an innovative contraceptive method for women. GyneFix is anchored into the uterine wall. GyneFix consists of 4 copper sleeves (GyneFix 200 Regular) or 6 copper sleeves (GyneFix 330) threaded onto a surgical suture. A tiny knot at the upper end of the thread stabilizes the intrauterine device in place. This characteristic of the device practically prevents expulsion.

2. Why was GyneFix developed?

Physicians have always regarded intrauterine devices as one of the most reliable contraceptive methods. However, older intrauterine devices were not preferred by women, and many complained of pain, discomfort, heavy bleeding, and unintended expulsion during use. The new-generation GyneFix device was specifically designed to offer the highest levels of reliability, ease of use, and spontaneity in sexual relations, as desired by women and their partners.

The characteristics required of an ideal intrauterine device are:

- High effectiveness in preventing pregnancy
- Easy insertion and removal
- Minimal side effects
- Should not increase menstrual blood loss
- Rapid return of fertility after removal
- Should not be easily displaced or expelled
- Suitable for use by all women, including young women

The dimensions and shape of the uterine cavity vary from woman to woman (see illustration). Conventional intrauterine devices are less flexible and are often too large, which may cause uterine contractions and abnormal menstrual bleeding with higher probability. GyneFix differs from conventional intrauterine devices due to its very small size and frameless design, which makes it completely flexible. In other words, it occupies less space in the uterine cavity, and its flexibility allows perfect adaptation to all uterine cavities. Thanks to these characteristics, including anchoring the device to the uterine fundus, expulsion of the device is extremely rare.

3. The advantages of GyneFix – The main advantages of GyneFix are:

- High effectiveness comparable to the pill when taken correctly
- Well tolerated with almost no side effects
- Small and flexible, therefore very comfortable
- No increased menstrual bleeding, especially when using GyneFix 200 (Regular)

- Suitable for women of all ages, including young women with a small uterus
- Long-term effectiveness (5 years)
- Easy insertion and removal*
- Does not affect the menstrual cycle or ovulation
- Non-hormonal, therefore does not disrupt the hormonal cycle
- Immediate recovery of fertility after removal

4. How effective is GyneFix?

GyneFix is more effective compared to all conventional copper intrauterine devices. During use, GyneFix is more effective than the pill (pregnancy rate of 0.1% to 0.5% with GyneFix use versus 5% with typical pill use after one year of use).

GyneFix can also be used up to 5 days after sexual intercourse for nearly 100% pregnancy prevention. GyneFix is the first-choice intrauterine device for use in young women with a small uterus and for women who have not yet given birth. GyneFix provides ongoing protection, whereas the “morning-after pill” prevents only 3 out of 4 pregnancies.

5. How does GyneFix prevent pregnancy?

The copper sleeves of GyneFix release copper ions, which destroy sperm cells and prevent fertilization of the egg. In addition, GyneFix prevents ectopic pregnancy.

6. Are there any side effects?

After insertion of GyneFix, slight bleeding may occur and may continue for several days. As your body adapts to the GyneFix device, you may notice a reduction in episodes of increased bleeding or discharge. After several cycles, your bleeding patterns will gradually return to normal.

7. Who can use GyneFix?

GyneFix is the ideal contraceptive method for many women, including younger women, because it is small, effective, and well tolerated. Unlike the pill, using the device essentially requires “insert and forget.” During use, the device is significantly more effective compared to pills in this age group.

GyneFix is also suitable for women who have not yet given birth because the small intrauterine device fits the smaller uterine cavity of young women. GyneFix can also be used by adolescent girls.

GyneFix does not protect against sexually transmitted diseases such as AIDS and hepatitis B. Women who have sexual relations with multiple partners must use condoms for additional protection.

Important information for GyneFix users:

- Although pregnancy and pelvic inflammatory disease have been observed only in rare cases, you should contact your physician immediately if the first signs of pregnancy appear (missed period, abnormal discharge or bleeding) or signs of pelvic infection (abdominal pain, pain during intercourse, disturbing discharge, fever).
- You should avoid using tampons during the first 14 days after insertion and should check your sanitary pads during the first menstrual cycle to ensure that the GyneFix device has not been expelled.
- Partial or complete perforation of the uterine wall or cervix has occurred with conventional intrauterine devices, usually during insertion. Although perforations with GyneFix are rare (approximately 0.5/1000), this risk should be remembered. In case of perforation or suspected perforation, contact your physician.
- You may have sexual intercourse as usual (avoid intercourse during the first 7 days after GyneFix insertion). If the thread causes discomfort to your partner, it can be shortened at the clinic or folded into the cervical canal.
- Heavier and longer menstrual bleeding may occur, especially at the beginning of use. Discharge may also occur, particularly at the beginning of use. These effects usually disappear.
- You should be aware that you are using a GyneFix intrauterine device and know when it should be replaced. Therefore, ask your physician for the insertion card containing your GyneFix device details.
- If you become pregnant, the GyneFix device should be removed as soon as possible.
- You should be aware that GyneFix does not protect against sexually transmitted diseases, and if you do not have a long-term monogamous relationship, you should use additional protection such as condoms.
- Your physician will discuss the required follow-up with you. A follow-up examination after the first menstrual cycle is mandatory.

Please note: The contents of this leaflet should not be interpreted as advice or recommendation, and the information should not be relied upon as the basis for any decision or action.

You should rely only on the advice of a professional physician who can advise you according to your specific condition.

GyneFix* is intended for insertion by a physician certified to do so.
Medical device – Ministry of Health Registration No. 7050405 Medical Device Reg. No.

Registration holder: Easy Care Ltd., P.O. Box 48577, Tel Aviv 6148403.